

Tamara's House Harmony Song Programs



Traditional Story Telling

We want to encourage you to join Harmony Song for Traditional Story- Telling, taking place each **Monday evening at the CUMFI Centre, 315 Avenue M South**, starting at 6:00 p.m. and going until 7:30. This is an incredible opportunity to receive stories, traditions, knowledge and teachings as you walk your healing journey.

NOTE: Beginning Monday, December 6th

Story Telling will be held at Tamara's House, 1605 Victoria Avenue

For further information please contact Kelly at 683-8667 in the Drop In at Tamara's House.

This wonderful opportunity will be open to the public



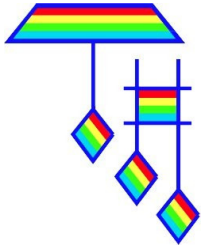
Women's Circle Ceremony

Women's Circle Ceremony will be **Thursday evenings in the Drop In Center at Tamara's House. Doors will be open at 6:30 pm and the ceremony will begin at 7pm.** An elder will guide a smudge and prayer. Each woman will have the opportunity to speak from her heart if she chooses. Bus tickets and child care funds are available. If you require a childcare fund you must show your children's health care card, this is for auditing purposes.

There are limited funds; therefore if you would like to secure your spot please contact Kelly in the Drop In at 683-8667 at least one day in advance.

***This program is for women only**

Harmony Song Project was funded by the Aboriginal Healing Foundation from 2002 until March 31, 2010. Its purpose was to provide a safe place for Aboriginal women survivors to deal with the impact of residential school abuse, and to provide assistance in establishing her own culture as a foundation of healing. The Harmony Song team addresses the impact of the residential school legacy through education, presentations and programming. We are also combating the effects of the residential schools through arts and crafts. Being creative with the hands gives the mind permission to also be creative in one's own healing journey. Laughter is assured when doing crafts, and is acknowledged as one of our healing fires.



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