



University of Saskatchewan  
Department of Psychology

RESEARCH AND GRADUATE TRAINING PROGRAM IN  
**Culture and Human Development**

*We are pleased to invite you to a seminar  
with our graduate students and faculty*

**Human Development:**  
**A Natural Aboriginal Approach**

**Francisco Javier Hilario**

MA Human Development, Dr. Med. (MX)

In his clinical counseling work, Javier Hilario uses concepts of Human Development as tools to facilitate the process of re-empowering First Nations peoples with knowledge and action. This process cannot be imposed from the outside; it begins with Indigenous peoples recognizing their natural resilience and taking ownership of their resources, feelings, and meanings; and it ends with taking conscious decisions to be free and responsible for their own personal and social development. Javier Hilario provides clinical counseling, community crisis intervention, and mental health/addictions clinical supervision to various First Nations in Saskatchewan.

**Friday, 6 March 2009, 3:30 - 5:00pm, ARTS 153**

***All Are Welcome!***